



## Around the world in 300 days

Canadian sailing the globe — solo  
**metroNEWS**



## Midriff rift crops up

Ottawa woman kicked off bus over 'vulgar' attire  
**metroNEWS**

# Halifax metro

CANADIAN MEDAL COUNTER

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**RUGBY**  
Canucks reach 7s heaven

**metroRIO**

Your essential daily news | TUESDAY, AUGUST 9, 2016

High 23°C/Low 14°C Sunny



# Wildfires spark unusual ban



Smoke billows over Pat Kempton Lake from the Seven Mile Lake fire on Monday evening. COMMUNICATIONS NOVA SCOTIA

## SAFETY

### Hiking in woods around HRM restricted starting noon Tuesday



**Haley Ryan**  
Metro | Halifax

An unusual ban on travelling in the woods means Haligonians now have to stick to open areas as wildfires continue to burn.

Starting at noon on Tuesday, all hiking, camping, fishing and off-road vehicle use is restricted in provincial parks, crown lands and wilderness areas in Nova Scotia — meaning locals must avoid all trail systems in wooded areas like Blue Mountain Birch Cove or the Bluff Wilderness Trail in Timberlea.

"We just don't want people to get farther along into the woods in a trail ... that's potentially unsafe if there's a fire," Walter Fanning, executive director of the regional services branch of Department of Natural Resources, said Monday.

However, Fanning said most beaches and lakes are okay to visit if they're easily accessible, such as Dollar Lake

Provincial Park in the Musquodoboit Valley.

Two wildfires in Annapolis and Queens counties are now contained, while a third at Seven Mile Lake in Annapolis County has grown to 140 hectares.

Halifax Regional Municipality spokesman Brendan Elliott said Monday the city is monitoring the situation, but right now no restrictions on municipal parks or beaches will be imposed, meaning areas like Point Pleasant Park can be used.

You can front-country camp at private and provincial campgrounds, but there is still an HRM municipal fire ban on, so no s'mores.

The conditions are the driest they've been in 15 years, with a small fire flaring up on the BLT (Beechville-Lakeside-Timberlea) Trail on Monday afternoon. It was quickly put out by firefighters.

Natural Resources Minister Lloyd Hines said all HRM residents must remain cautious, even if the wildfires haven't come close to the municipality yet. "We had a very significant fire in Porters Lake not too long ago, and a devastating one in Spryfield," Hines told Metro. "Fire doesn't discriminate."

**More coverage on page 5**

ANIMATED CITY

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Federal Environment Minister Catherine McKenna talks to organizer Hannah Mills during a protest on Monday night. ZANE WOODFORD/METRO

## Protesters call for pipeline halt

### OIL INDUSTRY

#### Demonstrators urge feds to stop Energy East proposal



**Zane Woodford**  
Metro | Halifax

Anti-pipeline protesters outside a Liberal fundraiser in Halifax got some face time with the event's guest of honour on

Monday night.

More than 30 people joined the demonstration in front of Seven Bays Café on Gottingen Street, where Liberal MP Andy Fillmore was hosting a \$125-per-ticket event welcoming federal Environment Minister Catherine McKenna.

McKenna stopped for nearly 20 minutes on her way into the event. She listened to protest organizer Hannah Mills speak to the group through a megaphone, calling on the two Liberal MPs in attendance to take a stand against pipelines, and specif-

ically, to stop TransCanada's proposed Energy East pipeline.

After Mills' speech, she and McKenna spoke directly.

McKenna told Mills she

couldn't legally stop the National Energy Board process already underway to come up with a recommendation for the gov-

ernment on Energy East, but said she wanted to hear people's concerns.

"I am working very hard on this file, and I'm going across the

country to hear from people like you," McKenna said. "It's really important that your voices are heard and this is what I need

to get a serious climate plan, so thank you for your help."

Mills was unimpressed.

"I think that the Liberals like to play a very smooth PR game," she said in an interview after speaking with McKenna. "They don't want to say anything that'll make anyone upset, they don't like to make commitments."

Mills said she was happy that McKenna and Fillmore were willing to talk, though she said an invitation to join their function inside was retracted after Fillmore heard she was organizing a protest.

"We wouldn't be out here unless we thought it could have some kind of impact," she said.

Dorene Bernard of the Sipekne'katik First Nation, also known as Indian Brook, led a smudging ceremony before speaking to the crowd about the effect oil and gas development is having on the country.

"We just turn on the news, and every day there's a new spill, there's a new disaster," she said. "Right behind those disasters are more pipelines, more corporations that are coming in to do more damage."



**I think that they could take a stand, and push against it and not do it. I'm disappointed, but not surprised.** Hannah Mills

couldn't legally stop the National Energy Board process already underway to come up with a recommendation for the gov-

country to hear from people like you," McKenna said. "It's really important that your voices are heard and this is what I need

to get a serious climate plan, so thank you for your help."

"We just turn on the news, and every day there's a new spill, there's a new disaster," she said. "Right behind those disasters are more pipelines, more corporations that are coming in to do more damage."

### UNESCO

## Environment minister seeks UN world heritage site nominations

For the first time in more than a decade, Ottawa is asking Canadians to nominate national gems as candidates for UNESCO World Heritage Sites.

Environment Minister Catherine McKenna made the announcement Monday

in Grand Pre, home to one of Canada's 18 UNESCO sites out of more than 1,000 worldwide.

McKenna invited Canadians to suggest places of cultural, historic and natural significance for Canada's list of nominees to be considered

for world heritage status by the United Nations Organization for Education, Science and Culture.

She said the additions to the nomination list, last updated in 2004, will be revealed in 2017 in honour of the 150th anniversary of Con-

ederation. The minister is putting together a committee of heritage experts, including indigenous representatives, to review submissions for Canada's next world heritage bid.

Five of the 11 sites on Canada's current nomination

list have been inscribed as world heritage sites — most recently Mistaken Point, N.L., which was recognized by the UNESCO World Heritage Committee in Turkey last month.

UNESCO World Heritage Sites are places of import-

ant cultural or natural significance that members of the global community have committed to preserve for future generations to experience, sometimes through the aid of financial assistance or expert advice.

THE CANADIAN PRESS



# One dead after house fire

## EASTERN PASSAGE

### Neighbour says she heard gunshots, saw SWAT team



**Yvette d'Entremont**  
Metro | Halifax

Firefighters were busy overnight Sunday in Eastern Passage battling a blaze that heavily damaged a McKay Lane home. The fire followed an apparent stand-off between police and the man inside, who was found dead inside the residence, according to various sources.

Ashley Turner lives next door to the home that went up in flames. She spoke to media on Monday morning and said her partner heard gunshots before the fire. She described a chaotic scene.

"There was a SWAT team way before the fire had started. It was a SWAT team, millions of cops, ambulance, fire trucks, everything," Turner said.

"They ... knocked on our door and at first I didn't hear them because I was still asleep and they kept on beating so I came to the door and I said, 'What's going on,' shaking, and they said there has been gunshots fired."

Turner said the man who lived in the house always had a smile for his neighbours, and would do anything for her and her family. Fighting back tears, she said she knew he had



RCMP officers and fire investigators were on scene at a McKay Lane residence in Eastern Passage on Monday. One man was found dead inside following the overnight fire. JEFF HARPER/METRO

**There was a SWAT team way before the fire had started.**

Ashley Turner

mental health issues, but didn't know any more than that.

Nova Scotia RCMP spokeswoman Cpl. Jennifer Clarke said police would not be releasing any information about the incident.

"We won't be doing any reporting on that at all," Clarke said. "It's the type of call we generally don't report on."

No details on the man's death, including cause, were

available as of Monday afternoon.

Roy Hollett, Halifax Regional Fire & Emergency Services deputy chief, told Metro they received a call at about 11:30 p.m. on Sunday to help RCMP officers on the scene.

"We were advised to situate the trucks away from the site as the scene was unsafe according to the police," Hollett said.

"Somewhere during the

event ... our division commander informed the RCMP the building was about 30 per cent involved, was burning, and asked if we could put something in place."

With the assistance and approval of the RCMP, Hollett said an aerial truck was moved behind a nearby apartment building to begin dumping water over the top of the burning home.

"At some point during the event the building became heavily involved in fire and the division commander, still working with the RCMP, (said it) was our opinion that if there

was anyone inside the structure they would not survive at this point," Hollett said.

"So with coordination of the RCMP, we carefully approached the building and started to commission the fire from the outside."

Hollett said their work on the scene wrapped up between 2 a.m. and 3 a.m. Damage to the structure was so extensive, firefighters were unable to enter the building, and they advised the RCMP to not allow anyone to enter prior to having it assessed by a structural engineer.

— WITH FILES FROM JEFF HARPER/METRO

## DARTMOUTH

### Man faces cocaine trafficking charges

A 42-year-old Dartmouth man is facing drug charges after a search last week.

At about 2:10 p.m. on Friday, Halifax Regional Police said members of the East Quick Response Unit, with the assistance of the Special Enforcement Section of the Integrated Criminal Investigation Division, carried out a search warrant at an apartment building on the 0-100 block of Highfield Park Drive.

Officers seized a "quantity of cocaine" along with drug paraphernalia, the release said.

Police arrested one man without incident during the search.

A 42-year-old Dartmouth man faces charges of possession for the purpose of trafficking in cocaine.

He was released on a promise to appear, and is scheduled to appear in Dartmouth provincial court on Sept. 7.

METRO STAFF

## OXFORD STREET

### Robbery suspect arrested

A Halifax man is facing charges after a convenience store robbery in Halifax last week.

According to a Halifax Regional Police release, at about 5:05 p.m. last Friday, police responded to an alarm at the Daily Sweets store on Oxford Street.

Upon arriving, officers learned that a robbery had taken place at the store.

The suspect left with a sum of money in an older-model gold sedan.

There were no injuries in this robbery and no weapon was used.

At about 9:20 p.m. that night, police arrested a 45-year-old man without incident in the area of North and Dublin Streets.

He was held in custody over the weekend.

Stephen Paul Austin of Halifax has been charged with one count of robbery and two counts of breaching a recognizance.

He is scheduled to appear in Halifax provincial court Monday to face those charges.

METRO STAFF



**FLUME HOUSE FULL-SCALE REPLICA MODEL BEING BUILT** Workers from Arlington Timber Frame continue work on a model flume house at the Canal Greenway Park in Dartmouth on Monday. The reproduction of the building will be at the same location as the original, which was built over 150 years ago. This full scale replica will help visitors understand how the Shubenacadie Canal operated. JEFF HARPER/METRO





A pair of cyclists head into Halifax along the Chain of Lakes trail. The province has taken the drastic step of prohibiting all travel in wooded areas across Nova Scotia. JEFF HARPER/METRO

**“We’ve had great success with our citizens in the province who understand the situation.”**

Natural Resources Minister Lloyd Hines

# ‘All travel and activity’ restricted

## SAFETY

### Province says people must avoid forest for two weeks

To cut the risk of wildfires, the provincial government is taking the extraordinary measure of putting in place travel restrictions to keep people out of Nova Scotia’s forest for two weeks.

“This means that all travel and activity within the woods is restricted, including hiking, camping and the use of off-highway vehicles,” Natural Resources Minister Lloyd Hines said in

an Aug. 8 media briefing concerning tinder-dry conditions in the province.

The province says the idea is if there are fewer people in the forests, it reduces the chance of unintentional ignition of fires.

The ban — which does not apply to provincial and private campgrounds and beaches — is effective as of noon Tuesday, and will last for two weeks.

The travel restriction applies to the entire province, Hines said, because with limited fire-fighting resources officials cannot risk wildfires starting up in other parts of the province.

This past weekend, three wildfires were being fought in western Nova Scotia: two

in Annapolis Valley and one in Queens County. Wildfires in Maitland Bridge and Greenfield are now contained and mapped at about 21 hectares and five hectares respectively, according to a provincial release.

The most serious of those fires is the Seven Mile Lake fire in Annapolis County, which was 90 hectares on the weekend, but has since increased to around 140 hectares due to winds.

“We’ve had great success with our citizens in the province who understand the situation. We are asking them for help and understanding and co-operation in this process,” the minister said.

If you are the owner of a cottage or camp, you are permitted to access what is on your property. But if you need to cross someone else’s property to access your own, then you need permission from the landowner.

But if you want to visit tourist attractions such as Balancing Rock or Cape Split and you need to trek through the woods to get to them, then you’re out of luck.

Hiking trails in woods are off limits.

If you can access a beach from a parking lot, you’re good. If you have to travel through the woods to get to one, you’ll have to find another beach.

The minister said he recog-

nizes this is an inconvenience, but he said there are still lots of other attractions that people, both Nova Scotians and tourists, can visit.

As for policing the restrictions, there will be warnings issued if people don’t adhere to the rules. Repeat offenders would be fined, although the province did not have information on how much the fines would be or who would be policing the enforcement.

Walter Fanning, executive director of the regional services branch of DNR, noted crews have been working from day-break to nightfall fighting fires.

Hines said those who conduct commercial activity on crown

land will require permits to do so, which can be obtained from local Natural Resources offices. Hunters and fishers would also require travel permits.

“Our industry recognizes this situation requires the co-operation of everyone who uses our province’s forests,” said Jeff Bishop, executive director of Forest Nova Scotia.

“We’ve asked our members to shift work to overnight to do our best to prevent any wildfires.”

It is very expensive to fight wildfires, it was noted during the media briefing. The minister said the cost to the province can range up to \$200,000 a day.

TINA COMEAU/TC MEDIA

## HEART DISEASE

### Annual fundraiser has raised \$400K



**Yvette d'Entremont**  
Metro | Halifax

Four years after Jordan Boyd’s death, an annual celebrity hockey challenge started to honour the Bedford teen’s memory has raised more than \$400,000 total for heart disease research.

On Saturday, professional hockey players Josh Anderson, Riley Barber, Brad Marchand, Liam O’Brien, Shawn O’Donnell, Logan Shaw and Zach Sill took to the ice at the

BMO Centre in Hammonds Plains as part of the third annual Jordan Boyd Celebrity Hockey Challenge.

The day included an all-star game featuring top fundraisers and the professionals competing against each other in front of a crowd of fans gathered to raise money for a good cause and to celebrate Boyd’s memory.

This year’s event raised \$150,000 for inherited heart disease research through the

Qell Foundation and Heart & Stroke Foundation.

Organizers said this was the most successful year to date.

In August, 2013, Jordan Boyd, 16, was attending the Acadie-Bathurst Titan training camp when he collapsed and died.

It was later determined he had an undiagnosed heart condition called Arrhythmogenic Right Ventricle Cardiomyopathy (ARVC).



**Jordan Boyd**  
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OTTAWA

## Woman kicked off bus for wearing crop top

Ottawa's public transportation system is apologizing after a young woman was kicked off the bus for showing her midriff.

"We're not here to judge people on how they dress," said OC Transpo's general manager John Manconi. "We can all agree that as a city that's not what we're about."

That wasn't Monica Werthner's experience after she was kicked off the bus on Sunday afternoon on her way to work.

She had just put her tickets in the machine when a female driver told her the crop top and jogging pants she was wearing were "vulgar."

The driver made Werthner, 18, get off the bus.

Werthner didn't argue, and left the bus without first getting

a transfer — leaving her stranded and late for work.

After the bus pulled away, Werthner said what happened sunk in.

"I was really embarrassed and kind of frustrated," she said. "I didn't understand why I would have gotten kicked off for what I was wearing."

Neither does OC Transpo, which is investigating the incident.

The transit operator doesn't have a customer dress code policy.

Manconi said staff will interview the driver to find out what happened, and to make sure it doesn't happen again.

Werthner will receive a free monthly bus pass for her troubles.

EMMA JACKSON/METRO OTTAWA



Monica Werthner PHOTO COURTESY 580 CFRA

INVESTIGATION

## Quebec zoo employee stable after lion attack

A lion at Quebec's Granby Zoo attacked an employee Monday, fracturing her backbone, the head of the facility said.

The woman, in her early 20s, was in hospital in stable condition but zoo director Paul Gosselin called her injuries "severe."

He said the zoo is still investigating the circumstances of the attack.

The employee had been performing the morning preparation routine at about 9 a.m.

in the lion den, home to the zoo's three lions, when one of them attacked her, Gosselin told reporters.

A second employee sprayed the lion with water from a hose and managed to distance the animal from the injured woman.

"What we know is that she suffered a cervical fracture and a few lacerations," Gosselin said. "She is stable and was conscious throughout the whole intervention." THE CANADIAN PRESS

### IN BRIEF

#### Whistler Blackcomb to be taken over by U.S. company

Colorado-based Vail Resorts Inc. has reached an agreement to buy Whistler Blackcomb Holdings, owner of Whistler Blackcomb ski resort, for nearly \$1.4-billion saying the transaction would give the B.C. tourism hub access to both the money and the markets it needs to grow. THE CANADIAN PRESS

#### Feds looking into financial side of soda pop tax

The federal government has weighed the pros and cons of a financial deterrent aimed at shrinking bulging waistlines: a tax on soda pop. Finance Minister Bill Morneau's office requested an analysis to explore the "issues and impacts in respect of a potential tax on soft drinks." THE CANADIAN PRESS



Chris Fournier sits on his sailboat, Little Sark, as he prepares to sail non-stop around the world. JUSTIN TANG/FOR METRO

# Ottawa man to sail the world in 300 days

TRAVEL

## Brave man leaves for solo adventure in 30-foot cutter



Emma Jackson  
Metro | Ottawa

What do you do when you're burnt out, tired of your job and ready for something new?

Drop everything and sail solo around the world, of course.

At least, that's what you do if you're Ottawa sailor Chris Fournier, who leaves from Montreal on Tuesday on a

300-day solo trip in his 30-foot cutter, Little Sark.

Having grown up sailing, Fournier had always dreamed of taking the perilous global journey some day.

"You get to a certain point in your life and ... a bolt of lightning hits you on the head and you remember the dream," Fournier said. "I'm free and I wanted to do it before I'm 50. Sometimes you just have to kind of make the decision."

He's not planning to touch land along the way, so he's on his own the entire time.

It's the ultimate survival test: he'll have to problem-solve on the fly, and when the going gets tough he'll have to decide to ride it out or abandon ship.

“

**Sometimes you just have to kind of make the decision.**

Chris Fournier

"Survival is really down to my hands," he said.

Fournier has outfitted his boat with an extra mast for better balance, and has gathered hundreds of pounds of food and drinking water. His e-reader is fully loaded.

Fournier will follow the traditional tall ship route, passing by the Cape of Good Hope near South Africa, Cape Leeuwin at the south-west corner

of Australia, and Cape Horn near Chile.

Pirates and icebergs are still a risk, but Fournier said this longer route has less of them. He'll also have the wind at his back.

Still, it's a risky business. Three other Canadians have tried and failed to complete the journey. One of them, Gerry Roufs, was lost at sea during his attempt in 1997.

But Fournier's not thinking about that yet.

"You kind of focus on the here and now and worry about the fear later," he said.

Fournier's just excited to leave this hectic, smartphone-centric world behind.

You can follow his journey at [www.sailor.life](http://www.sailor.life).

SOCIAL MEDIA

## Grégoire Trudeau promotes breastfeeding

Prime Minister Justin Trudeau's Twitter account is drawing attention to World Breastfeeding Week with a photo of his wife and their son.

The tweet includes a photo of Sophie Grégoire Trudeau breastfeeding their youngest son, Hadrien, and the message: "This World Breastfeeding Week, let's support mothers to breastfeed anytime, anywhere. — SGT #WBW2016"

There's no mention of when

the picture of was taken.

Breastfeeding is touted as "a key to sustainable development," in a joint release from UNICEF and the World Health Organization.

The release quotes from a series on breastfeeding from the respected medical journal The Lancet published last January, noting the series "argues that improving breastfeeding practices makes the world healthier, smarter, and more equal." TORSTAR NEWS SERVICE



Sophie Grégoire Trudeau breastfeeding son Hadrien. TWITTER



# Amish pulling for Trump

U.S. ELECTION

## Community has so far been spared news of election

On the outskirts of a town called Intercourse, an entire community of people has survived this election season with the chastity of its eardrums never once penetrated by the sound of Donald Trump's voice.

Many Amish have never heard him speak. They've read newspaper articles about him, learned about him through word-of-mouth, but have never had the full sensory experience because their traditionalist faith forbids television, radio and the web.

So the reactions are spontaneous and physical when a reporter visits this farming community and attempts to impersonate the outer-borough twang of a candidate who brags about his billions, his beautiful wife and the gold-garnished skyscrapers adorned with his name.

Eyes pop in surprise. Bellies burst in laughter. Heads shake in disgust.

"That's a little too much bragging," says a young woman at a bookstore counter. "Usually when people think too much of themselves, that's when it all goes downhill."

Across the parking lot with the horse and buggy, the local librarian strokes his beard and says: "We're supposed to be humble and not have pride."

Residents won't let their names be printed. Modesty is so central to the Amish way of life that people in this Pennsylvania community won't be photographed, won't linger before mirrors and avoid media.

But here's a shocker — most are pulling for Trump.

It begs the question of how a casino-owning, publicity-seek-



**Young women from Pennsylvania's Amish community ride a horse and carriage on July 23, through Lancaster County.** On the outskirts of a town called Intercourse, an entire community of people has survived this election season with its eardrums' chastity never once penetrated by the sound of Donald Trump's voice. ALEX PANETTA/THE CANADIAN PRESS

ing, wealth-worshiping, serial-marrier of fashion models gains the support of people who don't gamble, eschew glamour, detest divorce and consider bankruptcy repugnant. Easily, it turns out.

The Amish are conservative — so they support Republicans against a party they associate with abortion, homosexual rights.

Another factor frequently comes up in conversation: Hillary Clinton is a woman.

"No Amish is going to vote for Hillary," says the man in the library. "No one wants a woman president. ... What does Bill think about his wife running for president?"

The estimated 70,000 Amish in Pennsylvania could be a powerful voting bloc. In a close race, a big Amish turnout could

**“No one wants a woman president... What does Bill think about his wife running for president? Amish man**

put Trump over the top in a state that's crucial to his northeastern rust-belt strategy.

But there's just one problem — the Amish don't vote.

An estimated five per cent cast ballots in the last election. Getting voter ID isn't the problem, they say. The issue, frankly, is they don't really care all that much about voting.

One dairy farmer explains the case for not voting. The end of the world could happen at any moment, he says. In the meantime, every interim detail is determined by the Almighty.

This farmer makes world-class organic butter used in fancy res-

taurants. That's according to a non-Amish friend, because this farmer in the dusty pants and dark suspenders doesn't brag. He doesn't fret, either, about the world ending.

Of five people interviewed by The Canadian Press, none said they planned to vote.

Someone's trying to change that. A Super public action committee has been launched by a former member of the community. It's printed ads that emphasize more relatable parts of Trump's story: He doesn't drink, works hard and involves his children in the family business. The ads gloss over the ca-

## + KEYSTONE XL

Donald Trump's campaign says that if elected president he will ask TransCanada Corp. to re-submit its proposal for the stalled Keystone XL pipeline. That detail was included in the highlights package distributed by his campaign for a major economic speech today, although the speech itself made no mention of the pipeline. THE CANADIAN PRESS

sinos, divorces, bragging and bankruptcies.

But Amish PAC founder Ben King says he's trying to even out the score. THE ASSOCIATED PRESS

## TEXAS Family of teen who made clock files suit

The family of a Muslim boy who was arrested after bringing a homemade clock to school filed a federal lawsuit Monday against Texas school officials and others, saying the incident violated the 14-year-old boy's civil rights, prompted death threats and forced them to leave the United States.

The lawsuit was filed on behalf of Ahmed Mohamed, who was arrested at his suburban Dallas high school in September and charged with having a hoax bomb. He says he brought the homemade digital clock to school to show his English teacher.

Ahmed showed off the clock, made out of a plastic pencil box and electrical wire and other hardware salvaged from his parents' garage, on Monday during a news conference with his parents and attorneys.

Irving police later dropped the charge, but he was still suspended for three days. He never returned to the school; his family opted to have him take classes elsewhere.

The lawsuit names Irving Independent School District, the city of Irving and the school's principal, and asks a jury to determine the damages. In November, the family asked the district and city to pay \$15 million or else face a suit.

THE ASSOCIATED PRESS



**Ahmed Mohamed and his clock** THE ASSOCIATED PRESS

## IN BRIEF

### 70 dead in Pakistan suicide attacks

Pakistani militants struck at the heart of the country's legal profession on Monday, killing a prominent attorney and bombing the hospital where dozens of other lawyers had gathered to mourn. The attacks killed at least 70 people, most of them lawyers, authorities said. A breakaway faction of the Pakistani Taliban claimed responsibility for the attacks in Quetta, capital of Baluchistan province.

THE ASSOCIATED PRESS

SAN FRANCISCO

## Pokémon Go player fatally shot at a tourist attraction

A 20-year-old man was shot to death while playing Pokémon Go at a tourist attraction along San Francisco's waterfront, authorities and a family friend said.

Calvin Riley was shot Saturday night by an unknown assailant at Aquatic Park near Ghiradelli Square, the U.S. Park Police said Sunday.

A family friend told KGO-TV Riley and a friend were playing the hit mobile game when he was shot.

"From what we know there

was no confrontation. There was nothing said back and forth. It was just senseless, just came up and shot in the back and ran away for nothing," John Kirby said.

Kirby said Riley and his friend had noticed someone watching them from the top of a hill that overlooks the park, but it was dark and they were mostly looking at their cellphones.

National Park Service spokesman Lynn Cullivan said investigators believe there are witnesses to

the attack because it happened in the bustling Fisherman's Wharf area. They are seeking tips.

Sgt. Robert Jansing, a detective with the U.S. Park Police, said the gunman did not take any of Riley's belongings or try to rob him.

It's unclear whether the attack had anything to do with Pokémon Go, which has become a sensation this summer as legions of fans visit real landmarks in order to find and trap cartoon creatures. THE ASSOCIATED PRESS

## THE TOP 6@6

LAST NIGHT ON 101.3 VIRGIN RADIO:

- 6 Fifth Harmony ft. Fetty Wap  
**All In My Head**
- 5 Kungs vs Cookin' On 3 Burners  
**This Girl**
- 4 Major Lazer ft. Justin Bieber  
**Cold Water**
- 3 Glenn Morrison ft Evelyn  
**I'm The King**
- 2 Britney Spears ft G-Eazy  
**Make Me**
- 1 DJ Khaled ft. Drake  
**For Free**



Find this Virgin Radio mix on Twitter: @VirginRadio1013





## ROSEMARY WESTWOOD

### Welcome to the 2016 Sexism and Objectification Games

Every two years, men around the world get a good look at the buttock creases of elite, highly-trained and supremely fit women who could clock them before they finish the sentence "Nice ass."

Call it the Ogling Games. In only the last few days:

■ The Toronto Sun celebrated a silver medal by proclaiming diver Penny Oleksiak "pretty" in a splashy front page (yes, I get it; yes, it's both lazy and sexist).

■ 24 Hours ran a "Sex with a side of gold" headline, featuring a nice wide shot of female swimmers' backsides and a sidebar noting volleyball and tennis are among the sexiest sports "not just for their sexy bodies and great personalities but also for the cute outfits they don," according to "relationship therapist" Kimberly Moffitt.

■ The Globe and Mail put a full-page photo of Canadian divers Jennifer Abel and Pamela Ware on its sports cover, showing their great form and butt-revealing swimsuits.

■ The Chicago Tribune headlined a trap-shooting athlete's win this way: "Wife of a Bears' lineman wins a bronze medal today in Rio Olympics."

■ NBC commentator Dan Hick had to apologize after he called the husband and coach of Hungarian gold-medal swimmer and new world-record-holder Katinka Hosszu "the man responsible" for the swimmer she's become.

None of this media treat-

ment is new to women's sports. It's just at Olympic proportions. Each Games are a turbocharged two weeks of wall-to-wall coverage of women athletes, and the sexism that goes hand-in-hand with public attention.

There's no reason, other than male viewers, women's swimsuits need to be cut higher than the CN Tower, revealing half a bum cheek.

There's no reason female beach volleyballers need to wear bra tops. The ploy is so obvious, some U.S. male gymnasts want to compete with their shirts off for attention.

All of which is gross.

So are the comments about female athletes' physical appearances (from 2012, Boris Johnson's gush over the "semi-naked women playing beach volleyball... glistening like wet otters."). So is painting women's success as a footnote to their husbands'.

Alas, each Olympics brings more of the same, suggesting critiques like this are as useless as stories about Olympics in turmoil (they always are. The show always goes on).

If anything, the Games underline to all aspiring female athletes just how sexualized they can expect to be. And since we're all so OK with that, I suppose they should learn it early. Bonne chance, women of the Olympics, and nice asses.

**Listen to 'Nth Wave,' Rosie's podcast on women & media, at [metronews.ca/podcasts](http://metronews.ca/podcasts)**

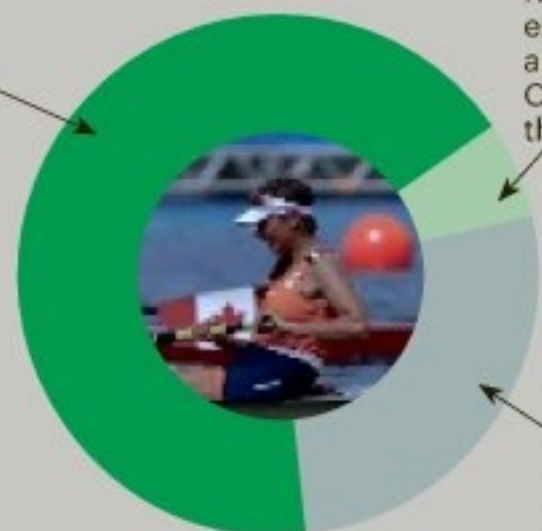
#### METRO POLL

## Do you have Olympic-size worries?

**Brazil is a mess.** The congress is trying to oust the president. There's a potentially dangerous level of human sewage in the water where aquatic events are taking place. The Olympic Village is shoddy, and thanks to the worst recession in generations, public institutions have ground to a halt because the government can't afford to pay wages. And that's not to mention the Zika virus. We asked our readers if these issues have tarnished the Olympics' golden glow.

### 1 Have all the issues in Rio reduced your interest in the 2016 Summer Olympics?

**67%**  
Yes, my concerns have reduced my interest.



**6%**  
No, I'm more excited about the Olympics than ever!

**27%**  
The problems haven't changed how I feel about the Olympics.

#### WE ASKED Metro readers

**How much taxpayer money is wasted on this commercial venture?**

**The Olympic committee doesn't give a damn about the issues for the athletes, as long as they have a city that will host.**

**The Olympics will be fine despite Brazil's problems.**

**It doesn't sound like a safe place for anyone right now, medically and politically. It's not a place to be hosting a global event at this time.**

**Latrine Bay scares the crap out of me!**

**Olympics should be held in the same place every four years. The cost to countries to host this event is horrendous.**

**I want to see everyone support the dreams of our children. Don't take their dreams away with negativity.**

visit [metronews.ca](http://metronews.ca)  
**HAVE YOUR SAY**

## The law society should focus on bad lawyers, not schools

#### HALIFAX MATTERS

**Stephen Kimber**



The Nova Scotia Barristers' Society is pondering appealing July's Nova Scotia Court of Appeals decision allowing graduates of Trinity Western University Law School to ply their trade in Nova Scotia.

But, in a post-decision interview, the society's president almost seemed to be making the case for the conservative Christian university, which requires students to sign a commun-

ity covenant not to engage in "sexual intimacy that violates the sacredness of marriage between a man and a woman."

"We have no issues with quality of the legal education or the individuals," Darren Baxter told the CBC. "It's the admission requirements that are a concern."

That, of course, is exactly what the court ruled was not part of the society's business, which is to uphold and protect the "public interest in the practice of law."

TWU's law school, which is supposed to welcome its first students in 2018, meets academic standards. The Federation of Canadian Law Societies, an umbrella regulatory group to which our bar society belongs, approved its proposed degree in 2013. Six provincial societies have since accredited it.

But our bar society was "discomforted" — the court's

word — by the covenant. So it played word-parsing legalist, creating an illegitimate, ex-post-facto regulation that law degrees from "institutions that discriminate in their admission policies" aren't real law degrees.

The court ruled it can't do that.

I dislike Trinity Western's restrictive covenant.

But it's worth noting — as the appeal court did — the covenant also prohibits discrimination on the basis of sexual orientation. LGBTQ students are already enrolled, presumably satisfactorily, at TWU.

TWU will also become the twentieth law school in the country, the fourth in B.C., so LGBTQ students — and others who believe sex isn't necessarily just man-woman, or inside marriage — do have options.

Although this case will almost certainly be ultim-

ately decided by the Supreme Court, locals who must decide whether to appeal should consider this.

In 2001, the Supreme Court ruled against the B.C. teachers' college, which had tried to deny accreditation to TWU's teacher graduates. Not only was there no evidence the university wouldn't treat students "fairly and respectfully," the court said, "There is no evidence before the courts of discriminatory conduct by any graduate."

Having already spent over \$100,000, it's time the society focused on bad lawyers instead of "discomforting" law schools.

**Stephen Kimber** is a professor of journalism at the University of King's College in Halifax and an award-winning writer, editor and broadcaster. Halifax Matters runs every Tuesday.

**(Students) who believe sex isn't necessarily just man-woman, or inside marriage, do have options.**

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## Second Jen looks to make TV history

### INTERVIEW

### Asian stars hope their show will spark more diversity

Jen (Samantha Wan) is nervously sitting in a doctor's office waiting for a gynecological exam. In the next seat engrossed in a medical pamphlet on sexual health is her best friend Mo (Amanda Joy).

"Do you remember my first pelvic exam when my mom got me to see a gynecologist Dr. Chin?" asks Jen with alarm.

Actors Wan and Joy are in the back of a former daycare centre in the west end Toronto neighbourhood of Babypoint. The studio has been mocked up to resemble a doctor's office. They're putting together City TV's *Second Jen*, a sitcom that is revolutionary for starring not one, but two female Asian leads.

Since ABC's *Fresh Off The Boat* and Dr. Ken there has been a gold rush of Asian American sitcoms including CBC's

Kim's *Convenience* scheduled for the fall season, and YouTube Red's *Single* by 30.

But *Second Jen* stands out because it is confidently doubling down on the Asian leads, as if we had already arrived in a post-racial world. The fact that it is Toronto-based makes sense, since this city is touted as the most diverse in the world.

Back to the scene in the doctor's office: At the age of 21, Joy says, her mom followed her to the doctor.

"His first question was, 'Are you sexually active?' And she wouldn't leave the room!"

*Second Jen* is based on the experiences of Joy (who has Filipino ancestry) and Wan (who has Chinese ancestry) and their attempt to make it on their own outside their protective families. The gynecological exam scene was inspired by the fact that Asian parents rarely, if ever, talk about sex to their children. "Mainstream culture is all about go out there, have fun safe sex, and in Asian culture you just never talk about it at all," says Joy.

The title of the show also refers to the second generation, and the cultural and technological divide between millennials and their parents.

"This isn't a show just about being Asian, it's about the generational shift that's happening out there," Wan says.

A study at the USC Annenberg school of journalism found that

of the 100 top films in 2014, 12.5 per cent of the casting was black, 5.3 per cent was Asian, and 4.9 per cent were Latino.

But remarkably, while Hollywood still battles over Oscars *So White*, television continues to push the boundaries, becoming much more reflective of the society we live in.

In some ways, it's surprising that Canadian networks have not taken the lead on diverse casting as some U.S. producers have done, introducing quality shows such as *Blackish* and *Master of None*.

Wan and Joy, tired of competing for the same roles in Toronto, decided they needed to create their own jobs.

What has changed for both actresses and they think also for mainstream audiences is the way that they look at the world through the lens of television. And they hope that they're not the only ones seeing it through that prism.

"One of my favourite shows growing up was *Friends*, and I still love that show," Wan says.

"But I look at it now and there's so little diversity. It's just so weird watching that now. And I hope moving forward that maybe we can change this a little, that we won't be the only ones that think that way."

TORSTAR NEWS SERVICE

### TV TRAILBLAZERS

#### All American Girl (1994)

Comic Margaret Cho's sitcom was groundbreaking for having an Asian lead. Cho played the rebellious daughter of a strict Korean-American family. The show only made it one season and Cho blamed network executives for trying to make her material more palatable to mainstream audiences.



#### Fresh Off The Boat (2015)

A show about an Asian family living in Orlando, Fla., based on the life of Vice host and chef Eddie Huang. Huang criticized the show before it aired saying, the series did not accurately reflect his life.



#### Master of None (2015)

Aziz Ansari and Alan Yang's masterful send up forms a modern, diverse ensemble comedy. Ansari plays an actor who is best known for a Go-Gurt commercial. Which, in itself, is funny.



TORSTAR NEWS SERVICE



### JOHANNA SCHNELLER WHAT I'M WATCHING

## A casual appeal to Spanish speakers

**THE SHOW:** *Sing* movie commercial (NBC)

**THE MOMENT:** The Spanish text

During a break from NBC's Olympics coverage on Saturday afternoon, a commercial appears for the upcoming animated movie *Sing*, which looks like *Zootopia* crossed with *American Idol*: As a koala named Buster (voiced by Matthew McConaughey) walks into his office, a stack of flyers for the singing competition he's hosting blow out the window.

Other animals pick them up, and we see a montage of their auditions. The dialogue and the songs are in English. But interestingly, any text that appears, such as "From the Creators of *Despicable Me*," is written in Spanish. The movie opens on Dec. 21; as the ad ends, the word "Navidad" fills the screen.

This is not the first time a major U.S. English-language network aired a commercial in or featuring Spanish. CBS ran a Spanish-language ad for Pepsi during the

Grammy awards way back in February 1989. Target premiered a four-spot Spanish-language campaign during the Latin Music Awards this past May. But this is the first time I've seen a half-Spanish commercial dropped casually, without fanfare, into a major network's Saturday afternoon broadcast of women's volleyball and men's gymnastics. NBC — which owns Universal, the studio behind *Sing*, and also owns the Spanish-language network *Telemundo* — has obviously decided

to appeal more directly than ever to its increasing numbers of Spanish-speaking viewers. And why not? According to the Wall Street Journal, Spanish-speaking viewers watch more TV as it airs than English speakers. Which means they're presented with more commercials. Expect to see more such Spanglish ads soon.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



A commercial for the animated movie *Sing* was voiced in English but featured advertising text in Spanish — a casual effort by NBC to appeal to its diverse viewership. CONTRIBUTED



# Fighting? Stop and think about the future

## ADVICE

## Ask yourself: Will this matter a year from now?

If you're at odds with your wife about family chores, or are having a spat with your boyfriend over who feeds the cat, stop and ask yourself, "Will this fight matter a year from now?" — and you might still be together then.

A new Canadian study, published in the journal *Social Psychological and Personality Science*, suggests the ticket to overcoming relationship conflicts is adopting a future-oriented perspective, instead of focusing on the present.

That means in the heat of the moment when tempers are flaring, people should take a step back and ask themselves how a conflict will affect them down the line, says lead author Alex Huynh, a doctoral candidate in the University of Waterloo's department of psychology.

"It allows them to be more forgiving of their partners and close friends, and in the end, that changes how they think about their relationship and their re-

lationship well-being," he says. "They think the relationship will get better, and (think) of the conflict as a learning experience."

The researchers conducted two studies — one on undergraduate students in Chicago, and another on a broader age range of Americans found through a crowdsourcing website. All participants were asked to reflect on a recent conflict with a romantic partner or a close friend, with one group tasked with describing how they felt about it in the moment, and a second group describing how they'd feel about the conflict in a year.

In both studies, those thinking about the future reported more positivity about their relationships. They also showed more forgiveness and saw the fight in a more reasoned, positive light.

"People get caught up in their feelings, and use it as fuel and end up hurting their relationships," says Huynh. "But as humans... we can take a step back and think about our conflicts differently. By this simple way of doing that, your relationship is going to be better."

The findings come as no surprise to psychologists and relationship counsellors, who've seen



A new study suggests the ticket to overcoming relationship conflicts is adopting a future-oriented perspective instead of focusing on the present. ISTOCK

it all when it comes to sparring couples.

"Even basic stresses in life, when we take a moment to say, 'Will this matter a year from now?' I find it makes my clients calm down," says Nicole McCance, a Toronto-based psychologist and relationship expert who has

been working with couples for around a decade.

"It makes absolute sense," says registered professional counsellor Ed Walsh, founder of Love Done Well, a Vancouver-based love, life and relationship-counselling service.

We're all hard-wired with a

primitive "fight or flight" response, she says, and it's nonsensical to try and solve a conflict in that state of mind. "What generally leads to an escalation in an argument with couples is that they both want to be heard at the same time — but you can't."

When we're arguing with



## The best thing to do is walk away and take a break

Psychologist  
Nicole McCance

someone, there are actually physiological changes in our body, says McCance. "Our blood pressure increases and goes away from our brain, into our legs and arms," she says.

In other words, your brain isn't exactly firing on all cylinders when you're mad.

"The best thing to do is walk away and take a break," McCance adds. "It takes 20 minutes for your blood to go back to your brain."

And after hitting the pause button, you might as well take some time to think about the future, too. TORSTAR NEWS SERVICE

## Aside from adopting a future-oriented perspective, there are a few other things couples can do to get through conflicts to maintain a happy, loving relationship

### Keeping the peace

How to maintain a happy, loving relationship

#### Make your relationship a priority.

It's easy to get caught up in your own needs, but you have to focus on your relationship as a whole. Ask yourself: Are you fulfilling your partner's needs? Are you asking them how their day went? Are you focusing on the things you love about them? To figure out your partner's specific needs, pay attention to the things they're complaining about.

#### Plan for conflict in advance.

It sounds unromantic and pessimistic to plan for a fight, but Walsh says that's a key way couples can avoid the blow-ups sparked by our primitive "fight or flight" response. (And let's face it: Fighting with a partner is inevitable.) During a calm conversation, talk to your partner about how you want to handle conflict and make an agreement to hit the pause button before things escalate.

#### Don't play the blame game.

Finger-pointing in a fight will just lead to bitterness, but it's often how people react. "Instead of partner blame, there has to be personal blame," says Walsh. "You have to say, 'Here's what I did, here's what I said, here's my mistake.'" That personal accountability can be even more important than apologizing, she adds.

## Steff Domestic Medium Hair

One-year old Steff has a brilliant, soft white coat and the softest spring-green eyes. She is one of those more "feminine" felines — a real girly girl... sweet, coy and hard to resist. She seems trusting and clearly wants to make friends as evidenced by the endearing purr she shares when someone drops by her kennel. This lovely lady deserves the love and commitment that all of our fur-friends should have. Please drop by and ask to be introduced - she's waiting right here to meet you.



For more information on Steff and other adoptable furry friends, visit [www.spcans.ca/dartmouthshelter](http://www.spcans.ca/dartmouthshelter) or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or [dartmouth@spcans.ca](mailto:dartmouth@spcans.ca)

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# LEARNING CURVE

## Don't break the bank. Sort out your school year budget now

Nearly half of students surveyed say social outings and eating at restaurants cost more than they anticipated, followed by groceries and tuition, according to a recent student finances poll.

"Figuring out what the school year is really going to cost is something that can make a big difference once the semester starts," advises Laura Plant, director of student banking at RBC. She offers the following tips to help parents and students budget for the school year ahead:

1. Figure out your costs — estimate expenses on the high side if you don't have an exact amount and rework the figures once you know the actuals. Talk to upper-year students who may have insights on costs of academic conferences, textbooks, and other necessary tools.

2. Add up all sources of income to see you

how much cash you are working with for the year. Think about savings, investments, gifts, and financial assistance and scholarships from both government and your educational institution. Sort everything into two categories — "sure thing" and "maybe."

3. Separate your wants and needs, prioritize, and adjust. Consider making some lifestyle changes to help keep expenses in line.

4. Use an online calculator to help with budgeting. The RBC student calculator, available online at [rbccroyalbank.com/student](http://rbccroyalbank.com/student), provides hints on what you might have overlooked, such as costs for an internet connection or trips home.

5. Regularly review your spending and income/savings throughout the year and adjust as necessary.



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## Your hot job ticket to the legal industry

Client demands, economic necessity and explosive growth have made paralegals a popular career choice.

The paralegal field is growing as clients demand more efficient delivery of legal services.

The paralegal diploma program at Maritime Business College (MBC) teaches a combination of administrative skills with specific paralegal training.

"Since hourly rates charged by attorneys are typically double or triple the rates of paralegals for the same task, law firms are using more paralegals to manage their costs," says Dave Maguire, marketing director, Maritime Business College.

"As a result, a paralegal career is one of the hottest non-lawyer jobs in the legal industry."

Paralegals are a vital element to any legal team and are well-respected for their knowledge of legal documentation and procedures.

Students are trained in internet and core computing, and study day-to-day administrative skills like advanced keyboarding and business communications.

Study of the law and legal processes includes an introduction to the Canadian court system, including elements of corporate law, family law, real estate, criminal law, and litigation.

"In addition to the core skills that are relevant to their program, students are taught the essential skills of how to market themselves, and how to succeed in the workplace," says Maguire.

MBC also offers extensive career services to assist students with their job search.

This program has been designed so that students can complete their diploma in 13 months.

For more information, visit [maritime-businesscollege.ca](http://maritime-businesscollege.ca).



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## Make a difference by helping others

If you're looking for a career that makes a real difference, where you can work directly with young people and affect positive change, now's the time to explore training as a professional child and youth care worker.

"Success College can help you get on a path to a career that will enrich your life — and the lives of those you work with," says James Ingram, instructor, Success College.

"If you're an understanding, non-judgmental individual interested in working with adults and helping others, you could be well-suited to a career as a trained counsellor."

The counselling skills program prepares individuals to work as a counsellor in addictions, mental health, victims of abuse, at-risk youth and many other areas.

This program trains you to enter into private practice or become a certified counsellor.

"This is a high-quality program accredited by the Canadian Professional Counsellors Association, the Canadian Addiction Counsellors Certification Federation, and the Canadian Council of Professional Certification," says Ingram.

"Success College has also received the



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highest accreditation possible for its industry."

Most recently, the counselling skills program was also accredited by The Indigenous Certification Board of Canada.

In 2010, Health Canada selected the Indigenous Certification Board of Canada (formerly FNWACCB) as the national body to ensure high standards of competence among First Nations Wellness/Addictions Counsellors.

"The ICBOC certification attests to the professional qualifications and competence of certified counselors," says Ingram.

For more information about this program, visit [successcollege.ca](http://successcollege.ca).

## Turn pet love into job at veterinary hospital

DaVinci College can help people with a love for animals turn that passion into a rewarding career.

Through the nine-month veterinary hospital assistant program at daVinci College, students gain hands-on training with actual animals and prepares students for the fast-paced, quality-controlled veterinary hospital environment.

"Veterinary hospital assistants (VIAs) fill a variety of roles: they're the counsellor, educator and advocate — they're at the frontline of animal care," says Dave Maguire, marketing director, daVinci College.

"Veterinary assisting is a dynamic and fulfilling path for anyone desiring a rewarding career in animal health care."

Graduates of this program become qualified "front-line" veterinary hospital assistants and regularly find rewarding careers in such animal health care settings as veterinary hospitals and clinics, animal emergency, referral specialty and teaching hospitals, doggy daycare and boarding kennels, and non-profit rescue and rehabilitation organizations.



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Training for the next program will be in Sackville.

"This is a better location for students that live in rural and suburban locations, and where animal care is prevalent," says Maguire.

"Farms and suburban homes tend to have more pets and animals than urban households."

Courses include a range of topics: pet first aid, anatomy and physiology, clinical office procedures, nutrition, communications, veterinary medical terminology, dog and cat behavior, fundamentals of dental & surgical procedures, and many more.

Classes begin several times per year and typically fill up far in advance.

For more information about this program, visit [davincicollege.org](http://davincicollege.org).

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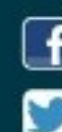


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# metroRIO

Ibtihaj Muhammad made U.S. history by becoming the only American ever to compete in the Olympics wearing a hijab



Canada topped Great Britain 33-10 to win rugby sevens bronze on Monday at Deodoro Stadium in Rio. DAVID ROGERS/GETTY IMAGES

## Bronze rebuttal

**RIO2016**

### Canada gets revenge on GBR in third-place sevens match

Ghislaine Landry led Canada to a historic bronze medal Monday.

Landry had two tries and

four conversions to lead the Canadian women's rugby sevens squad to a decisive 33-10 win over Britain as women's rugby made its Olympic debut.

Karen Paquin, Bianca Farella and Kelly Russell had the other tries for Canada, which took a commanding 26-5 halftime advantage. The Canadians also earned a successful finish to the tournament after dropping a 17-5 semifinal decision to Australia early Monday.

The win also provid-

ed Canada with redemption after losing 22-0 to Britain in pool play. New Zealand defeated Britain 25-7 in the other semifinal Monday.

Canada was looking for a second upset win over Australia, which is regarded as the class of the tournament and with good reason. The defending World Series champion won the first three of this year's events before losing 29-19 to the Canadians in the fifth and final stop of the tour.

But the Aussies took care of business this time around, storming out to a 12-0 halftime lead. And they led 17-0 before Charity Williams scored Canada's lone try to round out the scoring.

The third-seeded Canadians advanced to the semifinal with a 15-5 victory over France after posting a 2-1 pool record.

Canada secured its third medal overall (two bronze, one silver).

THE CANADIAN PRESS

**WOMEN'S BASKETBALL**

### Canada creates big moments to build on

This might have been the game, the dramatic and electric and unexpected comeback, that propels Canada's Olympic basketball team to unprecedented heights.

It could be the win that awakens the country, the triumph that pays gigantic dividends as the Rio 2016 tournament unfolds, the "holy smokes" moment of their lives.

Down 18 points in the third quarter, unable to get untracked anywhere on the court, the Canadians came storming back, ultimately registering a 71-67 win over 2015 European champion

Serbia thanks to a series of late-game heroics that was as dramatic a basketball finish as any fan could ever want.

It was a trio of the relative kids — Nayo Raincock-Ekunwe, Miah-Marie Langlois and Kia Nurse — and one of the old hands Kim Gaucher who gave greater life to the team's medal hopes and should propel them deeper into the national consciousness.

"When we play

in desperation mode, which we were playing in today, that's when we're really, really good," Nurse said. "And that showed."

It may not have been as emotionally draining as, say, the Canadian soccer team's loss to the United States four years ago in London, but it could be equally important in turning this group

into the country's darlings as the Games roll on.

A Gaucher three-pointer from the corner, a Raincock-Ekunwe three-point play, a Langlois dagger of a three with less than 10 seconds left and Nurse's brilliance in a 25-point effort is the stuff on which reputations are built.

The top four teams in the group advance to the quarterfinals and having a 2-0 record with games left against Senegal, the U.S. and Spain is exponentially better for Canada than being 1-1. TORSTAR NEWS SERVICE



Kia Nurse  
GETTY IMAGES



**1 Hosts have a gold —** Rafaela Silva captured Brazil's first gold medal of the Games by winning judo's 57-kilogram division.

**2 Bouchard falls —** Eugenie Bouchard of Westmount, Que., was eliminated from the women's singles tennis event with a 6-4, 6-2 second-round loss to German Angelique Kerber.

**3 Hope on the water —** Victoria's Lindsay Jennerich and Patricia Obee — Canada's best hope for a rowing medal — won their heat in the women's lightweight double sculls to advance to the semifinal round Wednesday. But the women's eight crew finished last in its three-boat heat.

THE CANADIAN PRESS



**GYMNASTICS**

### Black looking ahead after tough day

**Kristen Lipscombe**  
Metro | Halifax

Despite a difficult day, Halifax gymnast Ellie Black still managed to advance to the individual all-around final in Rio.

Black and Isabela Onyshko of Brandon, Man., led the red and white to a ninth-place finish in the qualification round in women's artistic gymnastics Sunday evening. Canada just missed moving on to team finals with the top eight countries advancing.

Onyshko finished 10th and Black was 13th overall. The individual all-around final is set for Thursday afternoon at Rio Olympic Arena.

The Canadian team came in fifth place overall at London 2012, its best-ever finish.

"It's disappointing," the 20-year-old Black said in a Gym-



Ellie Black GETTY IMAGES

nastics Canada news release.

"That was our main goal coming here, to make that team final."

On Sunday, Black fell on the beam, Canada's first apparatus rotation, and one of her best events.

"It's gymnastics — sometimes there's mistakes, sometimes there's falls," she said. "You just have to pick yourself up and keep moving forward."



# Gretzky statue bustin' a move to Oilers' new arena

**TRIBUTE**  
**Bronze figure receiving a wax and shine as part of 'facelift'**

He stands nine feet two inches tall and hasn't aged a bit, but the statue of hockey great Wayne Gretzky could use a waxing and a bath.

The 430-kilogram bronze statue of No. 99 holding the Stanley Cup over his head has been on display at Rexall Place for the past 27 years, but with a move to a new arena in the near future he's taken a road trip down south to where he was created.

"Yes it's a facelift," laughed Don Begg, a bronzesmith with Studio West in Cochrane, Alta., west of Calgary, who worked on casting the statue back in 1989 after it was sculpted by John Weaver.

"Actually he still looks pretty good to me. We've examined him over and he's really in good shape but everything needs a little bit of tender loving care after 27 years."

During a recent visit to Begg's Studio West workshop, the statue was hanging hori-

zontally. It was partly covered — including the Stanley Cup — but The Great One's smiling face and Oiler logo were clearly visible.

The biggest challenge, said Begg, was removing him from his spot at Rexall Place. The old bolts now have to be removed, new ones put in and then he will be waxed, shined up and made to "look like he's brand new" for the new location.

Begg, who used to live in Edmonton, admits to having a "soft spot" for the Oilers and especially Gretzky. When a statue like this one is created they always break the mould — much like Gretzky the hockey player.

"We broke the mould but he's still there and that's the main thing."

Begg said he's stopped by and checked on the statue a number of times over the years. He said there is ab-

**Everything needs a little bit of tender loving care after 27 years.**

Don Begg

solutely no damage, though Mother Nature has added a few touches over the years.

"We don't have any control over the birds. We don't have any control over the weather and the dust and the dirt that blows around," he said.

"They do a small amount of maintenance and we're just going to shine him up to go into a new location."



**Bronzesmith Don Begg examines the statue of Wayne Gretzky at his foundry in Cochrane, Alta., on Friday.** JEFF MCINTOSH/THE CANADIAN PRESS

There are pictures of the creation of the statue — including a number of Gretzky himself — on a bulletin board outside the workshop.

Begg said he's proud to have been part of the Gretzky statue, and that the fact it's in bronze

makes it all the better.

"Whether we cast him or we sculpt him it really is an honour to be part of that — of something that's going to last for thousands of years," Begg said.

"There's nothing you can

make that lasts as long as a bronze."

Begg said he doesn't expect the cleanup to take more than a week as opposed to the six months spent during the creation process.

THE CANADIAN PRESS

## BLUE JAYS Pillar on DL with a bum thumb

The Toronto Blue Jays will be without their best defensive player for at least the next two weeks after Kevin Pillar was placed on the 15-day disabled list Monday.

The star outfielder sprained his left thumb on a slide into a second base on Saturday in Kansas City and sat out Sunday's finale against the Royals.

"It's just an unfortunate thing that happened just playing the game the way I've always played," said Pillar, sporting a protective blue covering over the injured thumb.

"It was a bad slide and (the team) made the decision they felt was best for our team going forward."

Jays manager John Gibbons described the injury as a torn ligament, one that needed to "calm down" before Pillar could return to play later this month.

A model of health despite his hard-charging style in the outfield, Pillar has played in 109 of 112 games this year after suiting up for 159 of 162 last season.

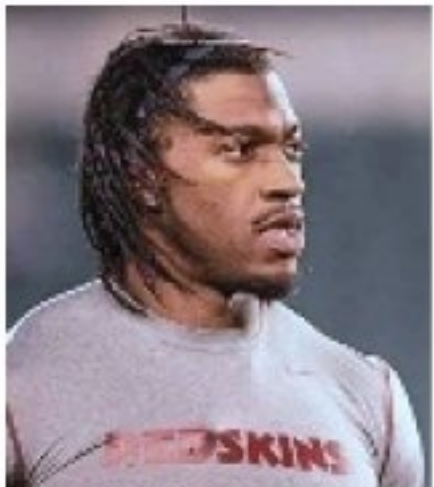
Acquired from San Diego in a trade last month, Melvin Upton Jr. will take over the centre-field duties in Pillar's absence.

THE CANADIAN PRESS



**Kevin Pillar**  
GETTY IMAGES

## NFL RG3 back in starting role with Browns



**Robert Griffin III** GETTY IMAGES

Despite spending an entire season on Washington's bench, Robert Griffin III never doubted he'd be a starter again.

His belief became reality Monday, when coach Hue Jackson said "it's time" to give Griffin the opportunity to lead the Cleveland Browns on the field.

"As long as you don't give up and you keep working, you'll get another opportunity," said Griffin, who beat out Josh McCown for the starting spot.

THE ASSOCIATED PRESS

IN BRIEF

Top dirt-track racer dies following weekend crash

Bryan Clauson, a popular driver considered by many to be the top dirt-track racer in the country, died Sunday night from injuries suffered in a crash during a race in Kansas. His death was announced Monday.

Clauson, 27, was leading Saturday night's race at the Belleville Midget Nationals when he crashed while passing lapped traffic; his car rolled and was hit by another competitor.

THE ASSOCIATED PRESS

University of Arizona football player dies in sleep

Zach Hemmilla, a senior offensive lineman for the University of Arizona, has died in his sleep, athletic director Greg Byrne said Monday.

Byrne and Arizona coach Rich Rodriguez told the team of Hemmilla's death after practice on Monday morning.

Hemmilla was found by a cousin. There was no immediate word on a cause of death.

THE ASSOCIATED PRESS

## CFL Gas leak interrupts Alouettes' practice

If things weren't going badly enough for the Montreal Alouettes, their latest setback saw the entire team rush off the practice field because of a gas leak.

Halfway through a workout Monday, a thick odour of natural gas wafted onto the field and the team was told to leave the area. Fire trucks were

on hand as a crew worked nearby on what appeared to be a gas main. The players loaded onto buses and headed to Olympic Stadium.

The Alouettes (2-4) are coming off a 38-18 loss at home to the B.C. Lions and preparing for a meeting Thursday night with the Eskimos in Edmonton.

THE CANADIAN PRESS

**It felt like I was in the propane tank myself.**

Receiver Duron Carter



# RECIPE Chicken Milanese with Roasted Cherry Tomatoes



PHOTO: MAYA WISNEY

**Ceri Marsh & Laura Keogh**  
For Metro Canada

**Ready in 30 minutes**  
Prep time: 15 minutes  
Serves 4

This meal is the dinner equivalent to a vacation in the sun. In other words, it's pure bliss.

## Ingredients

- 1 pint of cherry tomatoes
- 1 garlic clove, sliced
- 2 Tbsp olive oil
- 1 Tbsp of balsamic vinegar
- Salt and pepper
- 2 chicken breasts
- 1 cup panko
- 1/3 cup Parmesan cheese, finely grated
- 1 Tbsp lemon zest
- 2 eggs
- 1 or 2 Tbsp olive oil

## Directions

1. Preheat oven to 400 F. Place

tomatoes, garlic, olive oil, vinegar, salt and pepper on a baking sheet. Toss together then bake 20 minutes. Set aside.

2. With a sharp knife, slice the chicken in half so you end up with four thin cutlets. Place each between two sheets of cling film and use a rolling pin to pound until cutlets are 1/4-inch thin.

3. Whisk eggs in a shallow bowl. Mix panko, Parmesan, lemon zest and salt and pepper on a plate. Dip cutlets into egg, then press on each side in the panko mixture and place on a clean plate.

4. Pour olive oil in skillet over medium heat. Place chicken in hot oil and cook on each side until they're golden brown and crispy, about 5 minutes a side. Serve with fresh arugula and roasted cherry tomatoes.

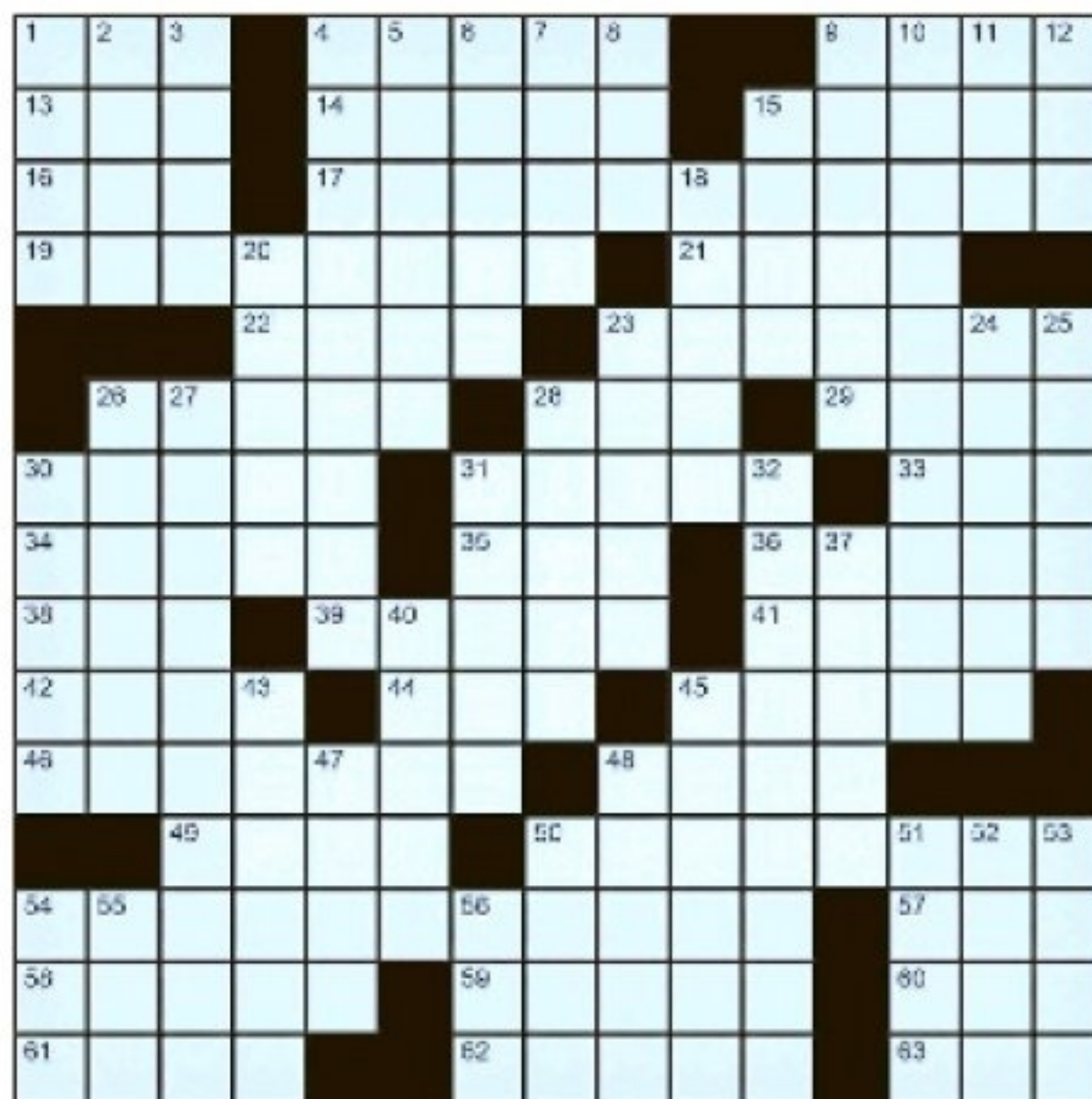
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# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

1. RIO 2016: 'Canada's Olympic Network'
4. Burt and Sela
9. Golden Globes org.
13. Shade
14. Skin-soothing plants
15. Aplomb
16. 'A' in ETA [abbr.]
17. RIO 2016: Quick reflexes sport: 2 wds.
19. RIO 2016: SLO is its IOC code
21. H.G. Wells people
22. Ms. Brockovich
23. Steeps
26. Police dept. ranks
28. Q. "How is Nashville's state abbreviated?" A. " \_ \_ \_ \_ believe."
29. Queen's 'Bohemian', e.g.
30. \_ \_ \_ a customer
31. Swallow heartily
33. Env.'s stuff-y
34. Up to
35. Samovar
36. Employee's request
38. Certain cap
39. Make hair stand \_ \_ \_
41. Singer, Tennessee \_ Ford
42. Mr. Redding
44. poet mr. Cummings, et al.
45. Get a new tenant
46. RIO 2016: Olympic sport
48. \_-majeste (High treason)
49. RIO 2016:



Beach mound  
50. Canadian restaurant, \_ \_ \_ Mario's  
54. RIO 2016: In the Men's Tournament, Canada faces The Netherlands in it today, August 9th: 2 wds.  
57. RIO 2016: Basketball hoop part

58. Soil fertilizers  
59. RIO 2016: Cycling spinner  
60. 'Federal' suffix  
61. Snake sounds  
62. Scandinavian  
63. Reserved

## DOWN

1. Animals bassist Mr. Chandler
2. Mr. Ives
3. Mackerel sort
4. RIO 2016: Pool team sport: 2 wds.
5. Ms. Morissette
6. Songbird variety
7. Oscar Renta

link: 2 wds.  
8. Opposite NNW  
9. Accolade  
10. RIO 2016: Racer's target: 2 wds.  
11. Pressure meas.  
12. Bronze Roman money  
15. Ill-gotten money  
18. " \_ \_ \_ two have

been taken." (Donut dozen remainder)  
20. 1892: Aria in Pagliacci: " \_ \_ la Giubba"  
23. \_ \_ \_ out  
24. Has that power bar: 2 wds.  
25. Shopping \_  
26. Intrinsic  
27. RIO 2016: Goalkeepers, as per #54-Across  
28. Goes sour  
30. \_ \_ \_ the blue  
31. "The Caine Mutiny" (1954) role, Lt. Cmdr. Philip Francis \_  
32. RIO 2016: Swimming event, Men's 4 x 200m \_ Relay  
37. French city where Van Gogh painted  
40. "Buffalo Stance" singer Ms. Cherry  
43. RIO 2016: Rowing crafts  
45. Goes to that movie again  
47. Non-affiliated politicians [abbr.]  
48. RIO 2016: 1992 'Dream Team' in Basketball... Magic Johnson, when an NBA player  
50. Parrot  
51. Lovely flower  
52. Gossip  
53. Ms. Rossum  
54. AMs opposites  
55. RIO 2016: ' \_ ' \_ in IOC  
56. Have

# IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
You are in such a resourceful frame of mind today, you will see new ways to do things at work. You might see new applications for an old system.

**Taurus** April 21 - May 21  
This is a good day to explore different approaches with children. Likewise, if you are involved in a creative project, you will see possibilities you missed before.

**Gemini** May 22 - June 21  
This is a good day for practical repairs at home, because you are in a resourceful frame of mind.

**Cancer** June 22 - July 23  
Today you have penetrating insight into situations all around you. You see what motivates people and what really makes them tick.

**Leo** July 24 - Aug. 23  
Have confidence in your ability to see new uses for your possessions. This is because you are ingenious today and ready to see new ways of doing things.

**Virgo** Aug. 24 - Sept. 23  
You have the ability to persuade others today. Use this wisely, so people will continue to respect you in the future. Don't lead anyone astray.

**Libra** Sept. 24 - Oct. 23  
This is a wonderful day for research, because you are quick to see the subtext of things. You also see the reasons why something occurred or came into being.

**Scorpio** Oct. 24 - Nov. 22  
If you are in a class or any kind of group, you will convince the people around you to listen to you and to follow your ideas. Use this advantage wisely.

**Sagittarius** Nov. 23 - Dec. 21  
Discussions with bosses, parents and VIPs (even the police) will be powerful and to the point today. Someone wants to get to the bottom of something. They want the truth.

**Capricorn** Dec. 22 - Jan. 20  
Discussions about politics, religion and racial issues will be intense and probing today. You want to know the reason behind why people think the way they do.

**Aquarius** Jan. 21 - Feb. 19  
If you are clever today, you will see ways to reduce your debt or shuffle things to your advantage. Take a fresh look at your situation and be inventive!

**Pisces** Feb. 20 - March 20  
Someone might try to persuade you to do something today. They want to convince you of something. Listen carefully, but make up your own mind.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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## YESTERDAY'S ANSWERS

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